

**MANGALORE UNIVERSITY
MANGALAGANGOTRI, MANGALORE – 574199.**

SYLLABI

for

CERTIFICATE PROGRAMME IN HAIR AND BEAUTY THERAPY (HBT)

And

DIPLOMA PROGRAMME IN DESIGNING AND TREATING HAIR (DTH)

**CERTIFICATE PROGRAMME
IN
HAIR AND BEAUTY THERAPY (HBT)**

PROGRAMME OUTCOMES:

After successful completion of the certificate, student will be able to;

- understand this sector and explain the importance of the same today.
- educate and experiment on an alternative employment
- make the student economically independent
- contribute to the health sector from beauty point of view

THEORY - COURSE - 1

FUNDAMENTALS OF HAIR AND BEAUTY THERAPY

04 Hours Per Week
75 Hours

COURSE OUTCOMES:

- ❖ Acquire basic understanding of hair, its treatment and beautification
- ❖ Get a broader perspective of the profession
- ❖ Understand the present status of the profession

UNIT: 1

Introduction;. Hair and Hair designing: Meaning, Definitions; Nature and Scope Hair and hair designing; Procedures of hair designing. Approaches - Historical and Modern approaches; Sources of the study- historical and modern sources; Priorities amongst men and women. Purpose and personnel involved in the therapy.

UNIT: 2

Hair science in India- Scope of hair science; medical and general understanding; Hair and hair treatment in India; Kinds and Nature; purpose and success stories of hair treatments; hair treatments and challenges in the sector today-group discussions.

UNIT: 3

Importance of understanding the texture and density of the hair. Beautifying hair; Methods of beautifying; beautifying hair both in men and women; Hair and Skin therapy- Kinds and Scope of skin therapy; relationship between hair and skin; Skin depilation-Meaning and kinds and first aid in India-success stories.

UNIT: 4

Professional ethics in hair and skin therapy; Meaning, definitions and scope of ethics; demonstrations of model therapy centers, financial issues in the therapy sector and clients' opinions, Visit to various Hair and Beauty Clinics and reporting.

REFERENCES:

- 01. PROFESSIONAL HAIRDRESSING:** The Official Guide to S / NVQ Level 3 (City & Guilds) Martin Green and Leo Palladino, 5th Edition (2007)
- 02. AESTHETIC DERMATOLOGY:** Current Perspectives, Jaishree Sharad and Maya Veda Murthy, Jaypee Brothers Medical Publishers; 1st Edition (2018)
- 03. SKIN And HAIR,** J S Paricha and Ramji Gupta, National Book Trust, Delhi (2015)
- * **04. THE CARE OF THE SKIN AND HAIR,** William Allen Pausey, Nabu Press (2010)

PRACTICAL COURSE - 2

WORKING CULTURE AND HANDS ON EXPERIENCE

Week	04 Hours per 75 Hours
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Course Objectives:

After successful completion of the certificate, student will be able to;

- grasp the seriousness of the sector.
- reflect on the existing practices of therapy.
- educate and experiment on the skill to manage a clinic.
- make the student confident in handling customers.

UNIT: 1

Treatments and fundamentals:

Treatment of hair and skin; getting familiarized with treatment instruments; providing best service to customers; setting up treatment place and being hygienic.

UNIT: 2

Massage Therapy:

Different methods, Massage and fairness; Skin and body therapy – major concerns with both customers and service provider

UNIT: 3

Colouring stage:

Making Color combinations on hair, face and body; Color Materials available and their importance-demonstrations; Basics to be observed in color combinations-precautionary measures

UNIT: 4

Infrastructure:

Understanding Infrastructure in hair and beauty therapy clinic; Kinds of Infrastructure; making it aesthetic and professional; training the Personnel involved in Hair and beauty therapy clinic; making experience authentic.

REFERENCES:

01. **STYLING AT THE TOP** – Shivrama Bhandary,
Jayashree Shetty, Manjula, Publishing House, Bhopal (2019)
02. **THE CARE OF THE SKIN AND HAIR**
William Allen Pausey, Nabu Press (2010)
03. **SKIN RULES**
Jaishree Sharad, Kindle Edition (2018)
04. **PROFESSIONAL HAIRDRESSING:**
The Official Guide to S / NVQ Level 3 (City & Guilds)
Martin Green and Leo Palladino, 5th Edition (2007)

**DIPLOMA PROGRAM
IN
DESIGNING AND TREATING HAIR (DTH)**

PROGRAMME OUTCOMES:

After successful completion of the Diploma, student will be able to;

- realize the importance of Hair and its maintenance.
- establish the profession as a mainstream profession with sound footing.
- help to establish a firm and become an employer.
- integrate this profession into a larger economic activity.

THEORY COURSE - 1

INTRODUCTION TO HAIR TREATMENTS

Week

04 Hours per

75 Hours

Course Objectives:

- ❖ To make the students understand the importance of Hair treatments
- ❖ To explore different ideas of hair treatments
- ❖ To understand the concept of hair treatments

UNIT: 1**Classical method:**

Introduction; meaning and benefits of understanding classical method of hair treatments; Importance; lessons from classical Method of hair treatments – internal

and external treatments, procedures followed, conditions imposed to customers and discussions on the classical methods of treatments.

UNIT: 2

Medieval methods:

Introduction; meaning; benefits of understanding the medieval methods of hair treatments; Importance, ruled and ruling class methods [use of oil] of hair treatments; servants and hair treatments in medieval period, lessons from medieval methods, procedures followed and photo evidences and discussions on the medieval method.

UNIT: 3

Modern methods:

Introduction, meaning and benefits of understanding modern methods of hair treatments; Importance; identifying the problems of the customers; oil massage-kinds of oil massages, shampoos; soaps, use of steam; water therapy, use of combs, trimming periodically and shaving off the head of hair and hair treatment as a profession.

UNIT: 4

Field visit and survey report and group discussions,
Investigations on different methods of treatment on hair.

REFERENCE:

01. **FACIAL ANALYSIS and HOMEOPATHY** (Fulfilling Hahnemann's Legacy),
Grant Bentley, B. Jain Regular; First Edition (2011)
02. **FUNDAMENTALS OF HAIR & SCALP DERMOSCOPY (POD)**
Isabella Doche, Co-Editors - Patricia Damasco & Giselle Martins
Jaypee Brothers, Medical Publishers; (2019).
03. **THE CARE OF THE SKIN AND HAIR**, William Allen Pausey, Nabu Press,
(2010)
04. **SKIN And HAIR**, J S Paricha and Ramji Gupta, National Book Trust, Delhi,
(2015)

THEORY COURSE – 2
HAIR AND HAIR CUTTING INDUSTRY

04 Hours per Week
75 Hours

COURSE Objectives:

- ❖ Students understand the importance of hair cutting industry
- ❖ Will explore the idea of making it creative
- ❖ Will understand the modern concepts in hair cutting

UNIT: 1

Present status of the industry; Introduction; meaning, nature and kinds of hair cutting industry; present status of the industry in India and abroad, Breaking social boundaries and implications. Growing opportunities for employment and discussions on challenges in the industry.

UNIT: 2

Modern market mechanism: Meaning and definitions of market and market mechanisms; scope and importance of understanding it, choices and scientific innovation in market today – creams, gel and modern equipment advertisements; use of celebrities, use of social media and its implications

UNIT: 3

Materials: Introduction, meaning, nature and importance of materials in industry, evolution over the years- from classical to ultra-modern materials- major shifts from scissors to trimmers. Technological trends and customer reactions - experience sharing from experienced hair designers

UNIT: 4

Structured existence: Meaning and importance of the structure in industry; Making a salon/ hair cutting salon, beauty parlor, hair workshop, hair clinic; beauty salon etc, use of location; designing a salon, use of light, infrastructure and modern perspectives .

REFERENCES:

- * 01. **COMPLETE BOOK OF HAIRSTYLING**
Charles Worthington, Firefly Books Ltd (2009)
- * 02. **NVQ HAIRDRESSING LOGBOOK** (Level 2)
Melanie Mitchell, City & Guilds (2015)
- * 03. **NVQ DIPLOMA IN BARBERING LOGBOOK**
(Level 3), Adam Sloan, City & Guilds (2015)

THEORY COURSE – 3

SAFETY AND MEASURES TO TREAT CUSTOMERS

04 Hours per Week
75 Hours

Course Objectives:

After successful completion of the Diploma, student will be able to;

- ❖ understand the importance of safety
- ❖ study the safety measures in the industry
- ❖ understand the requirements of the customers
- ❖ understand the economics and investments in the industry

UNIT: 1

Introduction: Hair and Safety; Meaning and nature; importance; scope; Kinds of safety and measures to treat customers ; hair as an Integral part of the human body- explanation and importance of understanding it, different methods of protecting hair. Expert's opinions, comparative studies.

UNIT: 2

Hair and Hygiene : Meaning ,nature and Importance and implications; case study reports and discussions on the reports; Methods of hygiene and health reports, experts' opinion sharing and discussions on the customers opinions.

UNIT: 3

Hair and Mental Health: Introduction. Importance of understanding the relation between hair and health. Scope and implications; Hair and happiness, hair and self-confidence both in men and women, Hair and social status. Hair as an identity creator, hair replanting trends.

UNIT: 4

Hair and Economics: Importance of understanding the economics hair cutting and styling industry; scope; employments; Investment on hair and an overview of the market.

REFERENCE:

*** 01. STYLING AT THE TOP**

Shivrama Bhandary, Jayashree Shetty, Manjula Publishing House, Bhopal (2019).

*** 02. SKIN & HAIR CARE BOOK**

Dr. Rajeev Sharma, Damaging Factors , Precautions & Cures) (2022)

*** 03. THE CARE OF THE SKIN AND HAIR**

William Allen Pausey, Nabu Press (2010)

*** 04. SKIN And HAIR**

J S Paricha and Ramji Gupta, National Book Trust, Delhi (2015)

PRACTICAL COURSE – 1

SAFETY AND MEASURES TO TREAT CUSTOMERS

**04 Hours per Week
75 Hours**

Course Objectives:

- 01.** To make students to get first and experience
- 02.** To gain the required skills of the sector
- 03.** To master the art of running a salon

PART - 1

- 01.** Meeting and understanding clients-recording and group discussions
- 02.** Understanding the demands of clients-responding to their queries
- 03.** Understanding hair, hair cutting/styling, using classical instruments
- 04.** Hair barbering and use of different modern gadgets
- 05.** Hair coloring, challenges and risks

PART -2

- 01.** Knowledge on Instruments and Machines used in salon
- 02.** Setting up a salon
- 03.** Language skill / speaking
- 04.** Maintenance of hygiene
- 05.** Safety equipment and measures

REFERENCE

- 01. NAILS, SKIN & HAIR (Human Facts)**

Om Books, M Books international (2016)

- 02. STYLING AT THE TOP**

Shivrama Bhandary, Jayashree Shetty, Manjula Publishing House, Bhopal
(2019)

- 03. THE CARE OF THE SKIN AND HAIR**, William Allen Pausey, Nabu Press
(2010)

- 04. SKIN RULES**, Jaishree Sharad, Kindle Edition (2018)